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Capital District Beginnings COVID-19 Testing Protocols

As part of Capital District Beginnings re-opening plan, several procedures and protocols have been put in place to meet the health and safety requirements of the Center for Disease Control (CDC) and New York Stare (NYS) Department of Health (DOH).

Staff are required to complete a daily health screening prior to arriving to work. If the answer is yes to any COVID related questions the employee doesn't report to work and HR is immediately notified. Students will have their temperature taken at home and prior to entering program.

Should an employee or student fall into one of the categories below and complete COVID-19 testing, Beginnings will need proof of negative results and a clearance from a physician before returning to work and/or school.

- 1. If an employee or student tests positive for COVID-19, regardless of whether the employee or student is symptomatic or asymptomatic, the employee or student may return to work or school upon completing at least 10 days of isolation from the onset of symptoms or 10 days of isolation after the first positive test if they remain asymptomatic.
- 2. If an employee or student has had close or proximate contact (1) with a person with COVID-19 for a prolonged period of time AND is experiencing COVID-19 related symptoms, the employee or student may return to work or school upon completing at least 10 days of isolation from the onset of symptoms.
- 3. If an employee or student has had close or proximate contact (1) with a person with COVID-19 for a prolonged period of time AND is not experiencing COVID-19 related symptoms, the employee or student may return to work or school upon completing 14 days of self-quarantine.

(1) The New York State Department of Health considers a close contact to be someone who was within 6 feet of an infected person for at least 10 minutes starting from 48 hours before illness onset until the time the person was isolated. The local health department should be contacted if the extent of contact between an individual and a person suspected or confirmed to have COVID-19 is unclear.

If testing is not administered a return to work or school a note from a physician is required.

Beginnings' protocol for actions to be taken if there is a confirmed case of COVID-19 for a student or staff member includes immediately notifying the State and local Health Department about the case if test results are positive for COVID-19. Capital District Beginnings will follow the local Health Departments guidance on reducing further exposure and contact tracing. Staff symptom attestations, schedules, attendance registers and visitor logs are maintained daily.

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Beginnings will closely monitor the CDC and DOH website for updates to maintain compliance.